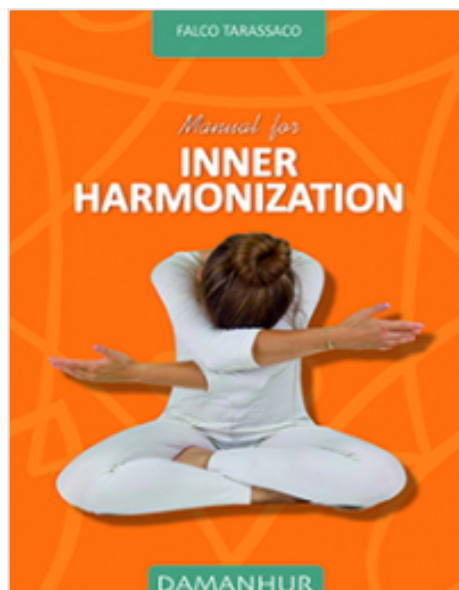


VARIA

MANUAL FOR INNER HARMONIZATIONdi *Falco Tarassaco (Oberto Airaudi)*

A complete illustrated manual, which introduces a meditation technique to improve self-perception and perception of the world, through which the body becomes a tool to put you in contact with your inner self, your energy and the energy of the universe in which it participates. The simple and immediate experience of sound and movement leads you to awareness of the harmony between the physical dimension and the deepest part of us, opening the way to complete expression of the human being as a magical three-dimensional design, able to live with awareness and joy.

DAMANHUR

to make life sacred again

editoria@damanhur.org - www.damanhur.orgEditore: **DEVODAMA**Prezzo: **15.00 €**Pubblicazione: **01/11/2016**ISBN: **9788899652203****L'AUTORE****FALCO TARASSACO Oberto Airaudi (1950-2013)**

Is the spiritual guide of Damanhur and, in accordance with the community's tradition of having animal and plant names, he also used the name Falco Tarassaco. Falco was a philosopher, healer, writer and artist, active in the field of therapeutic research and new sciences. An innovative and prolific painter, he created a personal method of alchemical painting called "selfic painting." His paintings have been exhibited in various countries around the world. His books have been translated into many languages, and he published his first book at the age of 16. He then wrote and published many philosophical, poetic and esoteric texts, all with the intention to stimulate spiritual openings for the reader, as well as inciting profound questions about the meaning of reality. Since he was a child, Oberto manifested a precise spiritual vision and healing capacity, which he immediately committed himself to developing through constant experimentation outside of classical academic institutions. His spiritual and personal growth continued over the years through study, research trips, reawakening of memories, development of artistic skills, and the rediscovery of ancient knowledge. In 1975, he founded the Horus Center in Turin, Italy to present the results of his research to the public and begin a more intense phase of experimentation. The Center was the first seed of an Initiatic School that brought to life the community experience of the Federation of Damanhur. At the heart of Falco's vision is the conviction that every human being has a divine nature to reawaken through conscious interaction with others. His teachings encourage the awakening of everyone's Inner Guide through study, experimentation, the full expression of individual potential, and overcoming dogmatic attitudes.